

# DAILY TIPS

## for COVID-19



**WASH HANDS**  
often with  
soap & water



**COVER**  
coughs &  
sneezes  
with elbow



**DON'T TOUCH**  
eyes, nose,  
or mouth



**CLEAN**  
surfaces  
frequently



**STAY HOME**  
when sick



**AVOID SICK**  
people



Practice  
**SOCIAL**  
**DISTANCING**



Wear a  
**MASK**  
in public

for more information visit: [health.pa.gov](https://health.pa.gov)



**pennsylvania**  
DEPARTMENT OF HEALTH